



MCS Cross Country/Fitness Club

RELEASE AND WAIVER OF LIABILITY

My name is _____, and I plan to participate in the MCS Cross Country and Fitness Club Activities. (Here in after referred to as the "MCS CC / FC"), which will be sponsored by the Maryville Christian School (hereinafter referred to as the "MCS"). Various club fitness activities will be held on the MCS Grounds and buildings, Madison County Bike Paths, Drost Park, Troy Park, Liberty Track, Triad Track, and at various 5K Race site's located in the surrounding communities from the first week in March through the last week in August. We the undersigned agree as follows:

1. I acknowledge that I have voluntarily chosen to participate in the MCS CC/ FC Running Activities & Event sponsored by the MCS.
2. I acknowledge that my participation in the MCS CC / FC Event and Activities and my use of the School's and surrounding communities property, equipment and facilities can expose me to risk of injury from obvious dangers, hidden dangers, accidents, mishaps, and conditions or acts of other persons, and that the MCS Running Events & Activities are potentially hazardous activities.
3. I understand the risks involved and hereby voluntarily assume all responsibility for risk of injury to myself, whether disclosed or not, and do not expect to receive any other warning or other information concerning the possible risks of injury to myself.
4. **In return for my participation in the MCS CC / FC Running Club Events & Activities, and my use of the School's property, equipment and facilities, I hereby relieve, release, discharge, and hold harmless the First Baptist Church of Maryville, the Maryville Christian School and its Board of School Trustees, superintendent, administrators, employees, agents, and volunteers (collectively referred to as the "Releasees") of all responsibility and liability to myself and/or my estate, representatives, heirs, assigns, and next of kin for all loss or damage and any claims or demands therefore on account of any harm and/or injury to my person or property, which may arise from my participation in the MCS CC / FC Events & Activities and/or use of the School's property, equipment and/or facilities, whether caused by the negligence of any of the Releasees or otherwise.**
5. I represent and warrant that I am at least eighteen (18) years of age at the time of signing this Release and Waiver of Liability.
6. I agree that this Release and Waiver of Liability is governed by the laws of the State of Illinois and is intended to be as broad and inclusive as permitted by Illinois law. If any portion of this Release and Waiver of Liability is held invalid, I agree that the remainder will continue in full force and effect.

I HAVE CAREFULLY READ THIS RELEASE AND WAIVER OF LIABILITY AND FULLY AGREE WITH ITS TERMS. I UNDERSTAND IT IS A RELEASE OF ALL CLAIMS AND SHALL BE LEGALLY BINDING UPON ME, MY ESTATE, REPRESENTATIVES, HEIRS, ASSIGNS AND NEXT OF KIN. DO NOT SIGN THIS RELEASE AND WAIVER OF LIABILITY IF YOU DO NOT UNDERSTAND OR AGREE WITH ITS TERMS.

Signature of Parent if participant is under the age of 18. Address of Participant

Printed Name of Participant Telephone Number of Participant

Date